

foodism escapism calendar: 2026

Issue	Material Deadline	Publishing Date	Issue Theme
foodism 49 escapism 20	March 20	April 7	The Local Issue We dig into the flavours shaping Canada's most exciting dishes. We spotlight low-ABV drinks, local wines and the chefs championing seasonal cooking. In The Easy Escapes Issue, we explore food-forward getaways that share a connection to the land.
foodism 50	May 22	June 9	The 50th Issue Summer's short — so we're making it count. To celebrate our 50th issue, we're rounding up our fave finds from the last 50 issues alongside the ultimate warm-weather lineup: grilling inspo, frosty ice creams, crushable beers, chilled rosés and alfresco dishes.
foodism 51 escapism 21	August 28	September 15	The Cozy Issue This fall, we embrace comfort in all forms — from bowls of soup to dazzling dishes that demand an audience. We spotlight the city's top mixologists and fall cocktails, and lean into The Wanderlust Issue with winter-sun escapes and hideaways to dodge the chill.
foodism 52	October 30	November 17	The Celebration Issue From knockout cocktails to foolproof festive dishes, we're serving a lineup made for sharing. We share standout wines and whiskeys, and our curated stocking-stuffer guide keeps your gifting game thoughtful. Plus, we reveal our 2026 foodism ICON winners.

Dates are subject to change to align with editorial content and campaigns.
The changes will never exceed 14 days from the original date.

foodism digital calendar: 2026

Season	Content Themes
Winter 2026	<p>We kick off the year with a fresh perspective, highlighting bars serving inventive mocktails and the city's top vegetarian and vegan restaurants.</p> <p>We also reflect on the showstopping meals of 2025 with a roundup of standout spots, crowning them "foodism's Best Restaurants to Try in 2026."</p> <p>Readers are inspired to beat the winter blues with Winterlicious deals and the city's most romantic dining experiences.</p>
Spring 2026	<p>Spring ushers in the excitement of summer. Readers are eager for better weather — and we deliver roundups to get them ready, from the best patios in the city to juicy burgers and everything barbecue.</p> <p>FIFA's Canadian debut brings crowds to Toronto, and we give them the rundown on where to eat and drink, pre- and post-game.</p> <p>Plus, we reveal the hottest Summerlicious deals and new restaurant openings. Ahead of Mother's Day and Father's Day, we highlight beautiful brunch destinations for family outings and whisky bottles worthy of gifting.</p>
Summer 2026	<p>With long, sun-soaked days, readers are looking to make the most of summer, and we provide expert guidance to do just that. We offer readers the best ways to stretch their dollars, from happy hour deals to budget-friendly bites that don't compromise on quality.</p> <p>As the season winds down, we look ahead to fall with recommendations for comforting meals and cozy new restaurants.</p>
Fall/Holiday 2026	<p>Fall brings the Michelin Guide and TIFF into focus before the annual foodism ICON Awards take centre stage.</p> <p>Then, we settle in for the season of hosting with recipes, how-tos and insider tips.</p> <p>In our annual gift guide, we curate a roundup of the best bottles, gourmet bites, kitchen gadgets and housewares for the foodies on everyone's list.</p>