foodism escapism calendar: 2026

Issue	Material Deadline	Publishing Date	Issue Theme
foodism 49 escapism 20	March 20	April 7	The Local Issue We dig into the flavours shaping Canada's most exciting dishes. We spotlight low-ABV drinks, local wines and the chefs champion- ing seasonal cooking. In The Easy Escapes Issue, we explore food-forward getaways that share a connection to the land.
foodism 50	May 22	June 9	The 50th Issue Summer's short — so we're making it count. To celebrate our 50th issue, we're rounding up our fave finds from the last 50 issues alongside the ultimate warm-weather lineup: grilling inspo, frosty ice creams, crushable beers, chilled rosés and alfresco dishes.
foodism 51 escapism 21	August 28	September 15	The Cozy Issue This fall, we embrace comfort in all forms — from bowls of soup to dazzling dishes that demand an audience. We spotlight the city's top mixologists and fall cocktails, and lean into The Wanderlust Issue with winter-sun escapes and hideaways to dodge the chill.
foodism 52	October 30	November 17	The Celebration Issue From knockout cocktails to foolproof festive dishes, we're serving a lineup made for sharing. We share standout wines and whiskies, and our curated stocking-stuffer guide keeps your gifting game thoughtful. Plus, we reveal our 2026 foodism ICON winners.

Dates are subject to change to align with editorial content and campaigns. The changes will never exceed 14 days from the original date.

